



## James L. Ahlstrom

Shareholder

Mr. Ahlstrom is a member of the firm's commercial litigation group. He has handled a broad range of litigation matters before federal and state courts including construction disputes (including mechanics' lien defense and foreclosure actions), landlord/tenant disputes (including unlawful detainer actions), contract disputes, land use and zoning disputes, real property/real estate disputes, government and regulatory issues, and debtor/creditor relations.

In addition, Mr. Ahlstrom has specialized experience in issues that involve professional employer organizations, traditional employee leasing companies, and secured transactions (Article 9 of the Uniform Commercial Code). He also has resolved disputes regarding non-competition and non-solicitation agreements and general aspects of employer good will and intellectual property/trade secrets.

Mr. Ahlstrom is a member of the West Bountiful City Council and served on the West Bountiful Planning Commission from 2004 - 2011.

Mr. Ahlstrom has been awarded an AV rating, the highest awarded by Martindale-Hubbell. He is continually recognized by *Best Lawyers in America* in Commercial Litigation. In 2011-2014 he was recognized by Benchmark Litigation as one of its "Future Stars" based on feedback from clients and peers. He was recognized by Mountain States Super Lawyers in business litigation and has been continuously listed in *Utah Business* magazine as one of Utah's Legal Elite.

### Publications and Speaking Engagements:

-  Prolific Notetaking Translates to Solid Evidence  
*Utah Construction & Design Magazine, October 2017*

### CONTACT INFORMATION

Direct: [801-257-7901](tel:801-257-7901)

Email: [jahlstrom@parrbrown.com](mailto:jahlstrom@parrbrown.com)



VCard



Connect

### PRACTICE AREAS

Commercial Litigation Services  
Administrative and Regulatory  
Arbitrations  
Utah Construction Litigation Attorneys  
Contract Dispute Attorneys  
Employment Litigation  
Federal and State Courts  
Real Estate Litigation  
Real Estate Attorneys  
Land Use and Zoning  
Probate, Estates, and Trusts  
Probate, Estate and Trust Litigation  
Election, Campaign, & Political Services



## EDUCATION

- ▶ 1998, J.D., Brigham Young University, Order of the Coif, Editor-in-Chief, Brigham Young University Law Review, Member of the Trial Advocacy Program
- ▶ 1994, B.A., History, Brigham Young University



## BAR ADMISSIONS

- ▶ 2000, Utah

## PROFESSIONAL ACTIVITIES

- ▶ Utah State Bar
- ▶ Member, Utah State Bar, Real Property section
- ▶ Member, Utah State Bar, Litigation section
- ▶ Member, West Bountiful City Council
- ▶ Former, member & chair, West Bountiful Planning Commission (2004-2011)

## CLERKSHIPS

- ▶ For the Honorable Charles E. Jones, Vice Chief Justice of the Arizona Supreme Court